

Preventive care can help keep you healthy and may even save your life. Getting routine health exams and screenings can help catch problems early, when they're easier to treat. And getting the right preventive care services can help you manage your health conditions and stay healthy.

Under the Affordable Care Act (ACA), pharmacy benefits must cover certain categories of preventive care drugs and products at 100%. That means you don't have to pay a share of the cost — no copay, deductible or percentage of the cost (coinsurance).

How do I get these drugs at no cost?

Talk with your doctor about choosing the medication or product that's right for you. To get these preventive drugs, including over-the-counter (OTC) drugs or products:

- They must be right for your age and condition.
- You'll need to get a prescription from your doctor (even for OTC products).
- Remember, only you and your doctor can decide on the medications you need and what's best for your health.

Preventive drugs and products, by category

Here's a list of medications Carelon plans will cover with no cost-share for you under the ACA. Keep in mind that this list can change. Brand-name drugs are listed with a first capital letter. Non-brand drugs (generics) are in lowercase letters.

ASPIRIN

Coverage includes generic over-the-counter 81mg aspirin products to prevent preeclampsia in pregnant women.

Aspirin 81mg (tab, ec tab, chew)

BOWEL PREP

Coverage includes generic prescription and over-the-counter products and are limited to two (2) bowel prep kits per year for adults 45 - 75 years old.

bisacodyl
bisacodyl-peg 3350-pot chloride-sod bicarb-sod chloride
magnesium citrate, hydroxide
peg 3350-potassium chloride-sod bicarbonate-sod chloride (generic Nulytely)
peg 3350-kcl-sod bicarb-sod chloride-sod sulfate (generic Golytely)
peg 3350-kcl-nacl-na sulfate-na ascorbate-

ascorbic acid (generic Moviprep)
polyethylene glycol 3350
na sulfate-k sulfate-mg sulf (generic Suprep)

BREAST CANCER

You may be required to get preapproval for the services associated with the drugs in this category. If there is a previous diagnosis of breast cancer, the applicable cost share will apply

anastrozole 1mg
exemestane 25mg
letrozole 2.5 mg
raloxifene 60mg
Soltamox
tamoxifen 10mg, 20mg

CARDIOVASCULAR

Full coverage for low-to-moderate dose generic statins will be limited to members 40-75 years old with one or more cardiovascular risk factor such as dyslipidemia, diabetes, hypertension, or smoking but who have

not experienced a cardiovascular disease event.

atorvastatin (10 - 20 mg)
fluvastatin (20 - 80 mg)
lovastatin (10 - 40mg)
pravastatin (10 - 80mg)
rosuvastatin (5 - 10mg)
simvastatin (5 - 40mg)

CONTRACEPTION

This benefit also applies to those younger than age 19. A cost share may apply for other prescription contraceptives, based on your drug benefits. If the contraceptive you are taking is not on the formulary, your doctor can contact us if it is medically necessary because the preferred contraceptives are inappropriate for you, and we will waive your cost share.

Oral Contraceptives

afirmelle 0.1-0.02
altavera
alyacen 7/7/7
amethia
amethia lo

amethyst 90-20mcg
apri
aranelle
ashlyna
aubra 0.1-0.02
aubra eq 0.1-0.02
aurovela 1.5/30
aurovela 1/20
aurovela 24 fe 1/20
aurovela fe 1.5/30
aurovela fe 1/20
aviane
ayuna
azurette 28
Balcoltra
balziva
bekyree
blisovi 24 fe 1/20
blisovi fe 1.5/30
blisovi fe 1/20
briellyn
camila 0.35mg
camrese
camrese lo
caziant
chateal 0.15/30
chateal eq 0.15/30
cryselle-28
cyclafem 1/35
cyclafem 7/7/7
cyred
cyred eq
dasetta 1/35
dasetta 7/7/7
daysee
deblitane 0.35mg

delyla 0.1-0.02
deso/ethinyl estradio
dros/eth est levomefo
drospir/ethi 3-0.03mg
drospire/eth/estr/lev
drospirenone ethy est
elinest
emoquette
enpresse-28
enskyce
errin 0.35mg
estarylla 0.25-35
ethy eth est 1-35
ethynodiol 1-50
Falessa
falmina
fayosim
femynor 0.25-35
gemmily 1/20
gianvi 3-0.02mg
hailey 1.5/30
hailey 24 fe
heather 0.35mg
incassia 0.35mg
introvale
isibloom
isibloom 0.15-30
jaimiess
jasmiel 3-0.02mg
jencycla 0.35mg
jolessa
jolviette 0.35mg
juleber
junel 1.5/30
junel 1/20
junel fe 1.5/30

june fe 1/20
june fe 24 1/20
kaitlib fe
kalliga
kariva 28
kelnor 1/35
kelnor 1/50
kimidess
kurvelo 0.15/30
larin 1.5/30
larin 1/20
larin 24 fe 1/20
larin fe 1.5/30
larin fe 1/20
larissia
layolis fe
leena
lessina
levo-eth est 90-20mcg
levonest
levonor/ethi
levonor/ethi 0.1-0.02
levonor/ethi estradio
levora-28 0.15/30
lillow 0.15/30
lojaimiess
Lo Loestrin FE
loryna 3-0.02mg
low-ogestrel
lo-zumandimi 3-0.02mg
lutura
lyza 0.35mg
marlissa 0.15/30
melodetta 24 fe
merzee 1/20
mibelas 24 fe
microgestin 1.5/30
microgestin 1/20
microgestin fe 1/20
microgestin fe 1.5/30
mili 0.25/35
mircette 28 day
mono-lyyah 0.25-35
mononessa
myzilra
Natazia
necon 0.5/35
necon 7/7/7
Nextstellis
nikki 3-0.02mg
nor/est/ff 1.5/30
nora-be 0.35mg
nore/eth/fer 0.4mg-35
noreth/ethin fe
noreth/ethin fe 1/20
noreth/ethin 1.5/30
noreth/ethin 1/20
noreth/ethin fe 1/20

nore/eth/fer 1/20
norethindron 0.35mg
norgest/ethi 0.25/35
norgest/ethi/estradio
norlyroc 0.35mg
nortrel 0.5/35
nortrel 1/35
nortrel 7/7/7
ocella 3-0.03mg
ogestrel
orsythia
philith 0.4-35
pimtrea
pirmella 1/35
pirmella 7/7/7
portia-28
previfem
quasense
rajani
reclipsen
rivelsa
setlakin
sharobel 0.35mg
simliya 28
simpesse
Slynd
sprintec 28
sronyx
syeda 3-0.03mg
tarina 24 fe
tarina fe 1/20
tarina fe 1/20 eq
taysofy 1/20
tilia fe
tri femynor
tri-estaryl
tri-legest fe
tri-lyyah
tri-lo estaryl
tri-lo marzia
tri-lo-sprintec
tri-lo-mili
tri-mili
trinessa
trinessa lo
tri-previfem
tri-sprintec
trivora-28
tri-vylibra
tri-vylibra lo
tulana 0.35mg
Tyblume
tydemy
velivet
vestura 3-0.02mg
vienna 0.1-20
viorele
volnea

vyfemla 0.4-35
vylibra 0.25-35
wera 0.5/35
wymzya fe chw 0.4mg-35
zarah 3-0.03mg
zenchent
zovia 1/35e
zumandimine 3-0.03mg
Cervical Caps (Rx)
Femcap mis 22-30mm
Diaphragms
Caya dpr
Omniflex
Wide-seal dpr kit 60-95
Emergency Contraception (Rx or OTC)
aftera tab 1.5mg
econtra ez tab 1.5mg
Ella tab 30mg
levonorgestr tab 1.5mg
my choice tab 1.5mg
my way tab 1.5mg
new day tab 1.5mg
next choice tab 1.5mg
opcicon 1.5mg
prevenza tab 1.5mg
react tab 1.5mg
take action tab 1.5mg
Condoms (OTC)
female condoms
male condoms
Injectables (Rx)
depo-sq prov inj
medroxypr ac inj
150mg/ml
Intrauterine Devices and Vaginal Rings
Annovera
eluryng mis
etonogestere mis ethy est
Spermicides (OTC)
conceptrol gel 4%
encare sup 100mg
gynol ii gel 3%
Shur-Seal gel 2%
VCF vaginal aer gel, mis
contracp
Transdermal
Twirla
xulane dis 150-35
Vaginal Sponge
Today sponge mis

FLUORIDE (GENERIC ONLY)

Coverage for children age 6 months to 16 years.

sodium fluoride chew 0.25mg, 0.5mg, 1mg, 2.2mg
sodium fluoride tab 0.5mg, 1mg
sodium fluoride soln 0.25mg 0.5mg 0.125mg
pediatric multivitamin/fluoride chew, tab, soln 0.25mg, 0.5mg, 1mg, 0.125mg, 1.1mg, 2.2mg

FOLIC ACID

Coverage for generic only, prescription and over-the-counter included for women ages 55 or younger who are planning and able to get pregnant.

folic acid tab, cap 400mcg, 800mcg
Prenatal and multivitamins w/ folic acid (generic OTC only)

HIV PRE-EXPOSURE PROPHYLAXIS

Descovy 200-25mg
emtricitabine 200mg
tenofovir 300mg
emtricitabine-tenofovir 200-300mg

PREDIABETES

Full coverage of metformin 850mg is limited to members 35-70 years old who have prediabetes.

metformin 850mg

SMOKING CESSATION

Coverage includes prescription and over-the-counter, brand and generic for members

greater than 18 years old.

OTC (Brand and Generic)
Nicotine Replacement Gum, Lozenge and Patch
(Prescription)
Nicotrol Inhaler
Nicotrol Nasal Spray
varenicline

VACCINES

BCG
COVID-19
Diphtheria, Tetanus, Pertussis
Haemophilus B Polysac Conj
Hepatitis A
Hepatitis B
Human Papillomavirus (HPV)
Influenza Virus
Measles, Mumps & Rubella Virus
Meningococcal
Monkeypox
Pneumococcal
Poliovirus, IPV
Rotavirus, Oral
Respiratory Syncytial Virus (RSV)
Varicella Virus
Zoster (shingles)